



APPETIZERS

Bruschetta \$7.49

oven-toasted gluten-free bread with roasted tomatoes, extra-virgin olive oil and fresh basil

Ahi Tuna Carpaccio* \$8.99

Cajun spiced ahi tuna topped with red onions, capers, and vinaigrette and served over baby lettuce

Caprese Salad \$7.99

slices of mozzarella, tomatoes and fresh basil drizzled with extra-virgin olive oil and aged balsamic vinegar

CREATE YOUR OWN GLUTEN-FREE PIZZA

Marinara & Cheese \$7.49

Additional Toppings \$0.99 each

onions - spinach - tomatoes - garlic - olive oil - pepperoni - grilled chicken

Premium Toppings \$1.39

mushrooms - roasted red peppers - roasted yellow peppers - peppadew peppers - kalamata olives - basil pesto - sausage - green olives

INSALATA

Baby Lettuce Salad \$4.99

baby lettuce, tomatoes and pecorino cheese with your choice of balsamic, garlic citrus, roasted tomato tarragon or Italian dressing

Caesar Salad \$4.99

hearts of romaine and traditional Caesar dressing

ENTRÉE SALADS

Grilled Chicken Salad \$10.49

baby lettuce with grilled chicken, olive, tomatoes, onions and feta cheese with balsamic vinaigrette

Sicilian Salad \$11.99

grilled chicken, romaine lettuce, diced tomatoes, capers, artichoke hearts and feta cheese with roasted garlic citrus vinaigrette

Grilled Vegetable Salad \$11.99

grilled summer squash, asparagus, onions, roasted bell peppers, kalamata olives, feta cheese and diced tomatoes over romaine and spring mix, tossed with roasted tomato tarragon dressing

Salmon Spinach Salad* \$12.99

grilled salmon, fresh spinach, tomatoes, red onions, capers, hard-boiled eggs and citrus aioli

Grilled Flank Steak Salad \$13.49

marinated flank steak, sliced thinly and served over crisp romaine in buttermilk dressing and topped with peppadew peppers, diced tomatoes, red onions and Gorgonzola cheese

Gluten-Free Pasta Salad \$6.99

gluten-free fusilli pasta tossed with tomatoes, kalamata olives and basil-pesto aioli

Grilled Chicken Caesar \$9.49

grilled chicken, hearts of romaine, pecorino cheese and traditional Caesar dressing

Salmon Caesar Salad* \$12.49

grilled salmon, hearts of romaine, pecorino cheese and traditional Caesar dressing

EXTRAS - add your choice to any salad

Grilled Chicken \$3.00 - Shrimp \$5.00 - Grilled Salmon* \$6.00

CREATE YOUR OWN GLUTEN-FREE PASTAS & SAUCES

GLUTEN-FREE PASTAS \$10.99

Spaghetti

Penne

Fusilli

CHOICE OF SAUCES

Marinara

Tomato Basil

Traditional Bolognese Sauce

Wild Mushroom Tomato

Alfredo

Roasted Red Pepper Alfredo

Sun-Dried Tomato & Artichoke Cream

Tomato Spinach Cream

Roasted Garlic Gorgonzola

Basil Pesto Cream

Basil Pesto

EXTRAS

add to any pasta entrée

Baked with Mozzarella \$2.00

Grilled Chicken \$3.00

Italian Sausage \$3.00

Grilled Salmon* \$6.00

Shrimp \$5.00

Bacon \$1.00

Grilled Vegetables \$3.00

Broccoli \$2.50

Asparagus \$2.50

Mushrooms \$1.00

SIGNATURE DISHES

Grilled Chicken Parmesan \$14.49

grilled chicken breast topped with marinara sauce and provolone and parmesan cheeses, baked and served with a side of gluten-free spaghetti and marinara sauce

Baked Gluten-Free Penne \$11.49

Italian sausage and gluten-free penne tossed with tomato basil sauce, topped with mozzarella and baked until golden and bubbly

Gluten-Free Fusilli \$12.49

grilled chicken, mushrooms and roasted red pepper alfredo sauce

Chicken Tetrazzini \$11.49

diced chicken and gluten-free penne in creamy alfredo sauce, topped with mozzarella and baked until golden and bubbly

Gluten-Free Spaghetti Carbonara \$12.49

with bacon and creamy alfredo sauce, topped with mozzarella and baked until golden and bubbly

Shrimp Scampi \$12.49

juicy shrimp sautéed in a white wine garlic butter sauce, tossed with gluten-free penne pasta

Grilled Eggplant \$11.99

grilled eggplant, marinara sauce and provolone and parmesan cheeses, baked and served with a side of gluten-free spaghetti and marinara sauce

Gluten-Free Spaghetti Con Crudo \$11.49

tossed with tomatoes, garlic, fresh basil, pine nuts and extra virgin olive oil

Low Country Pasta \$13.49

gluten-free spaghetti tossed with sautéed crawfish and mushrooms in a creamy Cajun alfredo sauce

Beef Ragu \$15.99

a hearty beef ragu served with creamy polenta, oyster, mushrooms and shaved pecorino

Pecan Crusted Tilapia \$13.99

tilapia fillet basted in garlic butter and rolled in southern pecans, served with roasted red potatoes and asparagus

**These items are served raw, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illnesses.*